

## **COASTAL PLAIN TALK – The Newsletter for the South Hampton Roads Chapter**

**November 6, 2017**

**Greetings Members!**

**November 16th Meeting**

### **Native Plant Design Workshop**

This will be a panel discussion on landscaping with Native Plants featuring Nancy Dickerson of First Landing State Park and Beth Richardson

### **Seed Exchange**

Kit Hayden has seeds from her garden and wants to share. Everyone is welcome to participate. If you have extra seeds, bring them too.

We are meeting on the 3rd Thursday this month since Thanksgiving is the 4th Thursday. We will be at Norfolk Botanical Garden on Thursday, November 16th in the Camellia Classroom. We will have a social at 6:30 and our meeting will start at 7:00 PM.

Our meetings are free and open to the public. Please come and bring a friend. Light refreshments will be served.

Reminder: The Garden closes its gate at 7:00 PM, so please plan to be here before closing.

### **Planting and Weeding at First Landing Park**

Join Beth and Nancy at a Native Garden Planting Party

Saturday, November 18th 10 AM to 12 Noon

More info at the November 16th meeting

### **REMINDER: CHANGE OF MEETING LOCATION FOR 2018**

As you may know, Norfolk Botanical Garden has been renovating the old administration building. The facility will reopen soon and all of the plant societies will begin meeting there in January. This means that our January 25th meeting will move to the newly renovated Auditorium. They have promised a beautiful room and vastly improved parking.

### **2018 FLOWER & GARDEN EXPO at the Virginia Beach Conference Center**

We will have an educational booth at this annual event which will be Friday, January 26 to Sunday, January 28 from 10 am to 6 pm. Volunteers will be needed and will get free admission to the event! You can sign up for a 3-hour shift at the November meeting or contact Amy Jones or Beth Richardson to volunteer. Set up will be on Thursday, Jan 25th from noon to 6 pm.

### **VNPS SPRING PLANT SALES**

Join us on Saturday, April 7th for the VNPS Plant Sale. Volunteers are needed throughout the day. Sign up at the next meeting or contact Pat Quinn for information. This is held at the Francis Land House in Virginia Beach in conjunction with the Gathering of with Guilds.

We will also be participating at the Mothers' Day Weekend Plant Sale at Norfolk Botanical Garden. We will be there for two days only - Friday, May 12 and Saturday, May 13. Volunteers will be needed. Sign up at the next meeting or contact Steve Stasulis for information.

### **MANY THANKS!!**

Thanks to Marie Mims Butler who presented the slide show Where the Wild Things Grow. We learned about the native gardens at the Virginia Zoo where there are some unusual things to consider. Lots of beautiful pictures of both the plants and the animals. If you have a suggestion for a topic or speaker, please contact us. We are always looking for new ideas.

### **FACEBOOK & WEBSITE**

Barb Ryan, our Webmaster, needs your pictures. She will be updating our webpage on the VNPS website. If you have pictures or information you would like to see online, please send it to Barb at [barbararyan@cox.net](mailto:barbararyan@cox.net).

The Virginia Native Plant Society South Hampton Roads Facebook page is now live! The page can be accessed at <https://www.facebook.com/vnpsshr/>

encourage you to "like" the page (click on the Like button) and invite your friends to Like us, too – just click on the link "Invite your friends to like this page".

We are hoping that this will be an active, informative, and fun site – please feel free to post your questions, answers, and personal experiences related to native plants. Photos and videos are welcome! You can email Barb with any Facebook questions [barbararyan@cox.net](mailto:barbararyan@cox.net).

### **NATIVE PLANTS FOR SOUTHEAST VIRGINIA – Including Hampton Roads Region**

This great book has been reprinted and is available now. We will be selling this at our plant sales for \$5.00. Members can pick up their free copy at any membership meeting. Non-members can join at a meeting, and get a free copy. This regional native plant guide is filled with beautiful pictures and information about our local native plants.

### **CALENDAR**

**\*\*Volunteer Opportunities Contact-Beth Richardson 757-574-5448**

Sat, Nov 11 8:30 Fall Canoe Trip with Byron Carmean. See details below.

Thu, Nov 16 6:30-9 Membership meeting – Landscaping with Native Plants with Nancy Dickerson of First Landing State Park and Beth Richardson

Norfolk Botanical Garden, Camellia Classroom

Sat, Nov 18 10-12 First Landing Native Garden Party: Planting & weeding\*\*

Sun, Nov 19 1-3 Roots & Shoots down on the farm with Vickie Shufer & Evan Rhodes See details below.

Thu, Dec 7 6:00 Gathering of the Gardeners Potluck – Members & their guests only - Norfolk Botanical Garden

Thu, Jan 25 6:30-9 Membership meeting – Native Plants that Attract Birds

Fri-Sun, Jan 26- 28 10 am – 6 pm Educational Booth at the Flower and Garden Expo, Virginia Beach Conference Center. See details above.\*\*

Thu, Feb 22 6:30-9 Membership meeting. Speaker TBA

Thu, Mar 22 6:30-9 Membership meeting. Virginia Witner; Virginia Native Marketing Website

Sat, Apr 7 9am-3pm Native Plant Sale at the Francis Land House. See details above.

Thu, Apr 26 6:30-9 Membership meeting. Using Native Plants with Ken Spencer, TCC instructor and Virginian-Pilot columnist.

Fri-Sat, May 11-12 10 am – 3 pm Native Plant Sale at Norfolk Botanical Garden. See details above.

Thu, May 24 6:30-9 Membership meeting. Drawing Journey with Amy Jones

#### **CONGRATULATIONS TO OUR 2018 OFFICERS:**

President Steve Stasulis

Vice President Beth Richardson

Secretary Pat Quinn

Treasurer Kathleen Stasulis

#### **Are you interested in getting involved with planning the VNPS events and meetings?**

Do you have some ideas you would like to share? We are always looking for new people to join our Board of Directors. We have appointed positions available. Come to the next meeting or contact Steve or Kathleen Stasulis at 757-486-5485 and let us know what you would like to do.

#### **See you on November 16th at NBG!**

Kathleen Stasulis

757-486-5485

stasuliss@hotmail.com

#### **CALENDAR DETAILS**

##### **FALL CANOE TRIP WITH BYRON CARMEAN**

Our Fall Paddle trip has been planned for Kittewan Creek/ Mapsico Creek/ James River, as all of these water bodies are connected. This destination is in Charles City County, south of route 5 on route 619. The

launch and take out site will be from Kittewan Plantation which is the state headquarters of the Virginia Archaeological Society.

The habitat at this location is tidal freshwater with abundant bald cypress, wild rice, and other fresh water marsh species. There are two bald eagle nests near the mouth of Kittewan Creek in the James River.

We will assemble at:  
Westminster Reformed Presbyterian Church

3488 Godwin Blvd

Suffolk, Virginia 23434

Departure time: 8:30 AM

Please arrive in time to sign in, arrange car pools and load boats and gear where required.

Our route will be:

Rt. 10 to Rt. 156 across the Benjamin Harrison Bridge to Rt.5, then right to Rt. 619. If you would like to meet the caravan in route please let us know of your plans.

WHAT TO BRING:

- 1) Boats, paddles and life vests
- 2) Change of clothes in a dry bag
- 3) Lunch, beverages and snacks
- 4) Sunscreen/ insect repellent
- 5) Dress according to expected weather

We plan to dine after the paddle near the Charles City Courthouse and all are welcome and encouraged to join us.

If you would like to participate but have no boat or partner let us know and we will attempt to connect you with someone.

Byron and Jean

HOME PHONE: (757) 934-0588

BYRON'S CELL: ( 757) 705-2035

JEAN'S CELL: (757) 651-5300

## ROOTS & SHOOTS DOWN ON THE FARM WITH VICKIE SHUFER & EVAN RHODES

Fall and winter is the time when nutrients are being stored in the roots and seeds of annuals and biennials are germinating. Join us on the farm to dig for roots and gather emerging shoots of wild greens for soup and salad. Suggested Donation: \$15/person; children under 12 are free. For more information and to register, email: [wildfood@cox.net](mailto:wildfood@cox.net); [www.ecoimages-us.com](http://www.ecoimages-us.com).

### BOARD OF DIRECTORS

#### Elected Officers

President	Steve Stasulis	757-486-5485	stasuliss@hotmail.com
Vice President	Beth Richardson	757-574-5448	bethrichardson@cox.net
Secretary	Pat Quinn	757-321-8137	paquinn726@gmail.com
Treasurer	Kathleen Stasulis	757-486-5485	stasuliss@hotmail.com

#### Appointed Directors

Botany	Vickie Shufer	757-421-3929	wildfood@cox.net
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#### Education/Conservation

	Yolima Carr	757-456-2052 X202	ycarr@thehermitagemuseum.org
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Membership Open

#### Publicity/Social Media

	Barbara Ryan	757-439-8737	barbararyan@cox.net
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Newsletter Open

Hospitality	Amy Jones	757-410-8754	amynally1@aol.com
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Plant Sale	Pat Quinn	757-321-8137	paquinn726@gmail.com
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Members-At-Large (2) Open