POTOWMACK NEWS

Volume 28. No. 2 Potowmack Chapter of the Virginia Native Plant Society

NATIVE PLANTS OF VIRGINIA Thursday, May 13 at 7:30 pm at Green Spring Gardens

Virginia has one of the more diverse floras in the continental United States. Its fields and forests are filled with an exceptionally interesting assortment of vascular plant families, each with its own unique biogeography and evolutionary history. Join us as **Andrea Weeks** of George Mason University introduces some of the 5400 plant species that call this region home, including tropical vagrants, arctic refugees, alien invaders and home-grown endemics.

Directions to Green Spring Gardens: From Interstate 395, exit at Route 236 West (Little River Turnpike); turn right at Braddock Road and go one block north to park entrance on the right.

POTOWMACK CHAPTER SPRING PLANT SALE Saturday, May 15 at Green Spring Gardens

The Potowmack Chapter's first native plant sale of the year will be held on Saturday, May 15 from 9 am to 3 pm as part of Green Spring Garden Day. As in the past, we will sell plants from our propagation beds located behind the Horticulture Center. We will be offering natives for sunny, shady, dry and wet conditions, including perennials, ferns, vines, trees and shrubs. As you begin your Spring garden clean-up, focus on removing "Invasive Backyard Plants" as listed in the Stewardship Series #3 brochure prepared by Fairfax County. As you clean out those invasive plants, you'll have room for native plants that enhance your yard and our environment and, in so doing, support all wildlife. As in the past, we will offer these brochures and assistance in selecting the right plants for your landscape.

We always welcome new volunteers to help us maintain our propagation beds and help out at the sales. Working in the beds is a wonderful way to learn about native plants. Please call if you have any question about volunteering. You can reach **Laura Beaty** at 703-534-8746 or email at <u>laurabeaty@mac.com</u>. *Directions to Green Spring Gardens Park: See above.*

<u>VNPS REGISTRY SITES</u> Thursday, June 10 at 7:30 pm at Green Spring Gardens

Sites on the VNPS registry have regional or state significance because of their native plants. Significant sites may exhibit an exemplary occurrence of a habitat, a plant community, or a plant species. Sites may include an unusual, persisting variation of a plant species, or an assemblage of species. Or the site may exhibit some quality with the unique potential to inspire community awareness. Join registry chair **Rod Simmons** as he takes us on a virtual tour of some of our nearby registry sites. Rod is a well-known regional ecologist whose knowledge about and contributions to the protection of our local flora are immeasurable.

Directions to Green Spring Gardens: See above.



My argument for using native plant species moves beyond debatable values and ethics into the world of scientific fact. We can no longer hope to coexist with other animals if we continue to wage war on their home and food supplies. This simple tenet provides an imperative, particularly for the bird and butterfly lovers among us, to fight invasive aliens as if it really matters and to reevaluate our centuries-old love affair with alien ornamentals.

Douglas W. Tallamy in Bringing Nature Home

May/June 2010

Aesclepias incarnata Swamp milkweed

A MESSAGE FROM OUR PRESIDENT

Friends, Spring finds us looking at ephemerals in bloom, planning and planting our gardens and enjoying the arrival of warmer days. It also finds us with many competing pressures on our time and abilities. I am writing, frankly, to ask for help. Our group has a unique role, I think, to speak for the beauty and importance of native flora in our landscape. We have been making this case for over two decades and we are seeing, now, some wider appreciation of this concern. We need some additional members to step forward to assist us in this effort. We have several vacancies on the Board which place a strain on our ability to provide the dynamic and engaging lectures and walks that you have come to appreciate and expect.

We will be hearing in June from Rod Simmons about the VNPS Registry program. This program is defined in our original charter, to identify and strive to protect rare and exceptional locations of our flora. This project has two essential parts. The first is the

identification and certification of locations worthy of protection. This challenging task has been handled ably by John Dodge and Rod and others for many years. The second portion of this commitment is to monitor the registry sites and confirm their continued value. For this we need some additional assistance from you. We would like to monitor each site yearly and need

individuals willing to undertake this task. Please consider if you can help and contact me and come in June to hear from Rod.

In other news, the Board has taken some action to encourage collaboration with other groups who recognize the central role of native flora and have agreed to participate with two new efforts to increase awareness and use in landscapes. We have endorsed the new Fairfax County Restoration Project, a public-private partnership to address the need for restoration of our green spaces. This group works to identify opportunities for cooperative efforts for restoration and assist individuals and groups in finding partners for accomplishing this important task in our community. We have also agreed to join with the Audubon of Northern Virginia in promoting their Audubon at Home program. This innovative approach encourages homeowners and landowners to support a healthy landscapes by promoting water-wise landscaping with native plants that directly support the native fauna. The program has identified thirty species endemic to our region that are considered at risk. Species such as the Pileated Woodpecker, the Grey Catbird, the Brown Bat, and the Spicebush

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	-				
Potowmack News is published 6 times per year, in January, March, May,					
July, September, and November. The deadline for submissions is the					
15th day of the month prior to publication. Call Mary Ann Lawler for					
more information or e-ma	ail her at malawler@a	ol.com or Susan			

Swallowtail are used to confirm the property has the habitat to support these at-risk species with food, shelter, and nesting. This connection between the native plants and the fauna is becoming more recognized and we are proud to be able to encourage this effort.

Wexelblat at susanwexelblat@gmail.com

Please join us this season for our walks, talks, and workdays as we celebrate the natural world. And please consider joining us in working towards our common mission. Alan Ford

GARDENING FOR WILDLIFE

Please check out the following websites:

*Audubon at Home program: http://www.fairfaxaudubon.org/index.php/audubon-at-home

*National Wildlife Federation: http://www.nwf.org/In-Your-Backyard.aspx

*VA Department of Game and Inland Fisheries: <u>http://www.dgif.virginia.gov/habitat/</u>

<u>PLANTS FOR POLLINATORS.</u> As you begin planning your garden or window box for 2010, you might like to include plants for pollinators, our imperiled ecosystem service providers. A guide for our region can be found at <u>http://www.pollinator.org/pdfs/SoutheastMixedForestrx3.pdf</u>



May/June 2010

NOVACAN HOLDS ADVOCACY WORKSHOP

NOVACAN is the Northern Virginia Climate Action Network, a coalition of organizations in Northern Virginia formed to address climate change policy at the federal, state and local level. NOVACAN's mission is to educate and empower Northern Virginians to advocate for policies to curtail climate change.

On February 27 almost 80 people (including VNPS Chapter President Alan Ford) attended the Energy Efficiency, Messaging and Media Advocacy Workshop in Fair Oaks, the western part of Fairfax County, hosted by NoVaCAN. Speakers included: David Fahrenthold, National Environmental Reporter of The Washington Post; Michael O'Connell, Managing Editor of Connection Papers; and representatives from the American Council for an Energy-Efficient Economy (ACEEE), INOVA Health Systems, GMU Climate Change Communication Center, National Audubon Society, Arlingtonians for a Clean Environment, Virginia Sustainable Building Network, and The National Wildlife Federation.

Many people signed letters to Senators Webb and Warner encouraging them to support strong clean energy and climate legislation, and approximately 40 people participated in the hands-on training, crafting talking points tailored to multiple audiences and Senator Webb. In addition, Andrea McGimsey, Potomac District Supervisor from the Loudoun County BOS attended, and challenged the representative from INOVA to live up to her message.

Many of the participating organizations had tables with materials and information available to guests, and reusable bags and free home energy evaluations were donated by Home Performance Solutions, an area business that specializes in improving home energy efficiency.

Participating organizations included:

Sierra Club,

Great Falls and Mount Vernon Groups

National Audubon Society and the Audubon Society of Northern Virginia

Chesapeake Climate Action Network

Virginia Native Plant Society

Friends of the Potomac River Refuges

Audubon Naturalist Society



VNPS Potowmack Chapter President Alan Ford (in white shirt) at the NOVACAN workshop

Arlingtonians for a Clean Environment

Sustainable Loudoun

VIRGINIA INVASIVE PLANT REMOVAL DAY. SATURDAY, MAY 1, 2010.

Invasive plants are threatening habitats worldwide, from tropical ecosystems to polar regions. These plant invaders alter habitats and reduce biodiversity. They cause ecological and economic harm. Invasives have taken a firm foothold in many parts of the state and everyone's help is needed to reclaim our natural areas. Join us for the



second annual statewide removal day sponsored by Virginia Master Naturalists and the Virginia Native Plant Society. **Please visit the website to find projects in your area and encourage your friends to search for projects they can participate in.** The website will be updated. www.virginiamasternaturalist.org/invasives.

Invasive Plant Removal (IPR) Day—May 1st in Fairfax County

Would you like to enjoy the beauty of spring, learn to identify plants and help the environment? Please join the Fairfax County Master Naturalists and Park Authority volunteers for the 3rd Annual Statewide Invasive Plant Removal Day. Bring a friend, and a willingness to get muddy, as you assist with habitat restoration of local natural areas by

removing non-native invasive plants. Garlic mustard, a biennial herbaceous plant originally from Europe that prevents oak seedlings from growing, will be targeted at most Invasive Management Area (IMA) sites. This invasive is easy to identify and fun to remove. Garlic mustard pulls are suitable for the whole family, young and old. Check IMA website for locations: <u>http://www.fairfaxcounty.gov/parks/resources/ima/</u>

- 1. Annandale (9:00 12:00)
- **2**. Brentwood (10:00 12:00)
- **3**. Cub Run Stream Valley (10:00 -1:00)
- 4. Falstaff (9:00 12:00)
- 5. Fred Crabtree (9:00 12:00)
- 6. Huntley Meadows (9:30 12:00)

Mason District (9:00 - 12:00)
McLean Central (9:00 - 12:00)
Rocky Run (9:00 - 12:00)
Royal Lake (7:00 - 10:00)
White Oaks (8:00 - 11:00)

Invasive Plant Removal (IPR) Day City of Alexandria. The City's Garlic Mustard Pull-Invasive Exotic Plant Removal Day is May 1 from 10:00 to 1:00 at Holmes Run. We'll meet and sign in at the Beatley Bridge/kiosk area, but if folks are late they can look for us on either side of bike trail on north side of Holmes Run, both upstream and downstream from the bridge.

FALLS CHURCH HABITAT RESTORATION TEAM UPCOMING EVENTS

Join the City of Falls Church Habitat Restoration Team in restoring the local ecosystem in city parks. We will be removing damaging invasive plants as well as planting natives that benefit our local birds and butterflies.

May 15, 2010 Hamlett/Rees Track 10am-Noon Hamlett/Rees Track - From West Street head east on Broad Street/Rt. 7. Turn right onto South Virginia Avenue then right again to stay on South Virginia Avenue. Then a right onto Rollins, the street dead-ends at the Park. Enter from the end of Rollins Street. *More parking is available at TJ Elementary School.

May 22, 2010 Native Plant Sale - Cherry Hill Park 1pm - 4pm

For more information: contact Jeremy Edwards, City of Falls Church Senior Urban Forester, 703-248-5016 or email <u>jedwards@fallschurchva.gov</u> For Native Plant sale information: contact Melissa Teates, 703-538-6961 or <u>melanite@verizon.net</u>.

ARLINGTON COUNTY RIP PROGRAM Free. For ages 9 to adult. Not all plants are good for the environment. Invasive plants crowd native ones out for space and light and some can even grow a "mile-a-minute"! Come learn what these troublesome beasts look like and help rescue our parks from these alien invaders! We meet monthly at the locations listed below. If you have your own garden gloves and tools, please bring them along. Some supplies will be provided. Be sure to come dressed for work, wear sturdy shoes, long pants, long sleeves, and perhaps a hat. You may want to bring along a reusable water bottle. Register at 703-228-7636. May 1 events will be updated at: www.virginiamasternaturalist.org/invasives.

Second Saturdays @ Lacey Woods	Third Saturdays @ Tuckahoe Park
1200 N. George Mason Dr., Arlington, VA 22205	2400 N. Sycamore St., Arlington, VA 22213
May 8, June 12 10:00 AM – 12:00 PM	May15, June 19, 10:00 AM - 12:00 PM
Meet at the N. Frederick St. & 11th St. N. entrance.	Meet in front of Tuckahoe Elementary
Second Sundays @ Gulf Branch Nature Center 3608 Military Road, Arlington, VA 22205 May 9, June 13, 1:00 – 3:00 PM	Third Sundays @ Long Branch Nature Center 625 S. Carlin Springs Road, Arlington, VA 22204 May 16, June 20, 2:00 PM - 5:00 PM
First Tuesdays @ Zachary Taylor Park Meet at 2533 N. Utah St., Arlington, VA 22207 May 4, June 1, 10:00 AM – 12:00 PM	Fourth Saturdays @ Benjamin Banneker Park 1500 N. Sycamore St., Arlington, VA 22205 May 22, June 26, 10:00 AM – 12:00 PM

FAIRFAX COUNTY'S INVASIVE MANAGEMENT AREA (IMA) PROGRAM

The Invasive Management Area (IMA) program's main goal is habitat restoration and tree preservation through the removal of non-native invasive species. There are roughly 40 IMA sites throughout Fairfax County dealing with various invasive species. The IMA program is a volunteer-based project that is working towards habitat restoration. Help us remove invasive plants, learn new species of invasive plants, and work outdoors during the following workdays:

Sun. May 2, 9:00am-1:00pm, Idylwood Park Wed. May 5, 9:00am-1:00pm, Lake Accotink Sat. May 8, 10:00am –noon, Pohick Stream Valley Wed. May 12, 9:00am-1:00pm, Americana Sat. May 15, 8:00-11:00am, White Oaks Wed. May 19, 9:00am-1:00pm, Lake Accotink Sat. May 22, 10:00am–noon, Ellanor C. Lawrence Wed. May 26, 9:00am-1:00pm, Lake Accotink Wed. June 2, 9:00am-1:00pm, Lake Accotink Sat. June 5, 10:00am-noon, Ellanor C. Lawrence Wed. June 9, 9:00am-1:00pm, Americana Sat. June 12, 8:00-11:00am, White Oaks Sat. June 12, 9:30-12:00am, Huntley Meadows Wed. June 16, 9:00am-1:00pm, Lake Accotink Wed. June 23, 9:00am-1:00pm, Lake Accotink Sat. June 26, 10:00am –noon, Pohick Stream Valley Wed. June 30, 9:00am-1:00pm, Lake Accotink

For more information contact: <u>Katherine.Frederick@fairfaxcounty.gov</u> or call 703 324 8681. Check out the IMA schedule of events and activities at: <u>www.fairfaxcounty.gov/parks/resources/nrp-ima.htm.</u>

EARLY DETECTION EXPEDITION TEAM LEADERS

Lead volunteers are needed for the Fairfax County Park Authority's Early Detection Rapid Response (EDRR) program. This program aims to locate highly invasive plant species through surveys of valuable natural habitats. This project will allow the Park Authority to locate and remove extremely invasive plant species before they wreak havoc within the parks. The program is an essential component in restoring the native ecology. EDRR Orientation Expeditions to be held on April 1st, May 20th and June 17th at three different locations.

During the orientations volunteers will be trained how to lead, organize and manage a group of volunteers to conduct a systematic survey of designated parkland, identify targeted plant species, mark their location via handheld GPS units and log data into an established website. Early detection efforts have already identified highly invasive species like linden viburrnum and a wart-removing herb. (Continued on page 6)

(Continued from page 5)

Space is limited to 6 volunteers per orientation session. For more information about the EDRR program, scheduled excursions or how to become involved, contact Kathy Frederick, IMA volunteer coordinator at 703-324-8681 or send an email to <u>katherine.frederick@fairfaxcounty.gov</u>. Information about the IMA program can be found online at <u>http://www.fairfaxcounty.gov/parks/resources/ima</u>.

BECOME A WEED WARRIOR VOLUNTEER WITH THE NATURE CONSERVANCY

The Potomac Gorge is one of the most biologically diverse areas in the nation, with an incredible concentration of rare plants and rare plant communities. Non-native invasive plants are one of the biggest threats to plant diversity in this area, and you can help us control these exotic invaders. This training is for folks committed to donating a few hours each month to control invasive plants in the Potomac Gorge National Parks with The Nature Conservancy. See: http://www.nature.org/wherewework/northamerica/states/maryland/events/ Training Dates (you must be able to attend all three class sessions):

Tuesday, May 18, 6:30-9:00 pm in Bethesda TNC offices

Sunday, May 23, 11am-4 pm field trip in Potomac Gorge

Tuesday, May 25, 6:30-9:00 in Bethesda TNC offices

To sign up, contact Mary Travaglini at (301) 897-8570 or email her at PotomacGorgeVol (at) tnc.org

LOCAL EVENTS AND LEARNING OPPORTUNITIES:

Sat. May 1: <u>Native Plant Sale</u> 9am-Noon Grange Park in downtown Great Falls. Friends of Riverbend park are holding their annual plant sale.

Sun., May 2 <u>**Trillium Trek**</u> 8:30 AM - 4:00 PM Adults. Travel to Linden, VA to see one of the largest (millions!) Great White Trillium displays in the world! This area is resplendent with many (often rare) wildflowers and trees, including native orchids and a variety of wildlife to observe. On the somewhat rocky two-mile trail we'll discuss plant folklore and ethnobotany. Before we head home, we'll stop to purchase local country crafts and apple products. Dress for hiking; bring water and a bag lunch to eat on the trail. \$25 fee due upon registration. Van leaves from Lubber Run Center parking lot, 300 N Park Dr., Arlington, VA 22203 or will pick up from Ballston Metro Station with advance request: 703-228-6535. \$30 fee due upon registration. Register at <u>https://registration.arlingtonva.us</u>. Program #: 643610-09

Sun. May 2: <u>Invasive Plant Workday</u> 10am-1pm Waples Mill Park. Join Earth Sangha to control invasives and plant native shrubs, grasses, herbaceous plants along the long stream. This is a newly- acquired Fairfax County Park that is wetland. This is part of our Buffer sites that we worked with our partner at Lake Braddock SS's AP Environmental Science team. Note: Parking is limited.

Fri. May 7. <u>Spring on Wheels Along the Potomac</u> 8am to 3pm Leader Stephanie Mason. Spring has sprung and the towpath along the Potomac River is one of the finest places in the DC metro area to experience the season's richness. We'll use bikes to explore the stretch from Swain's Lock to Riley's Lock, a 12.3 mile round trip. We'll dismount often to look for spring wildflowers, butterflies, and other insects, and reptiles and amphibians, keeping an eye and ear open for spring migrants and other breeding birds activity. Bring your own bike. Members \$30; Nonmembers: \$42. For information or to register call: 301-652-9188 x16 or visit: http://www.audubonnaturalist.org/ for a registration form.

Sat. May 8: <u>Amazing Annuals and Pennywise Perennials</u> 1:30-2:30pm Green Spring Gardens. Join Green Spring's Master Gardeners at they share gardening tips, dazzle you with time-saving techniques, clarify simple steps and debunk horticulture myths. \$12/session.

Sat. May 8: <u>Pink Lady's Slipper Walk</u> 1-1:45 pm Roundtree Park. Join a naturalist for a leisurely stroll to a natural display of wild orchids. We'll also visit the park's other native wildflowers. Meet by the paved trail next to the parking lot. Reservations required by 5/11, call Hidden Oaks at 703-941-1065.

Sun. May 9 <u>Appalachian Spring</u> 8:30am-3:30pm Stephanie Mason. Spring rains, warming temperatures, and longer hours of daylight ignite a great burst of life in the valleys and ridges of the Appalachian Mountains. Nowhere is this more evident than at the Thompson Wildlife Management Area in the Blue Ridge Mountains near Linden, VA, a wildlife reserve that is well known for its botanical diversity. The floral display is especially rich in early May, when the hillsides are covered with millions of larger flowered trillium along with other species such as yellow lady's slipper, showy orchis, pennywort, and wood betony. We'll cover about 3 miles at a leisurely pace, but there will be uphill and downhill walking on rocks and uneven trails. Members \$30; Nonmembers: \$42. For information or to register call: 301-652-9188 x16 or visit: http://www.audubonnaturalist.org/ for a registration form.

Sun May 9: <u>Beyond the Old Oak Loop Trail: Walk with a Naturalist</u> 12:30-2pm Annandale District Park. Nestled inside of Annandale District Park is over 2.5 miles of trails within the 52-acre park. Stroll with a naturalist to explore the less traveled trails. See evidence of pre-Civil War activity, clue to the land use of yesteryears and why wildlife use stream valleys as a natural highway. Bring your binoculars. Reservations and advanced payment required. call Hidden Oaks at 703-941-1065 \$5/person

Sat. May 22: <u>Native Plant Sale</u> 1-4pm Cherry Hill Park. Join the City of Falls Church for their Native Plant Sale. For more information contact Melissa Teates, 703-538-6961 or <u>melanite@verizon.net</u>.

Sat. May 22: <u>Native Plants in the Garden</u> 1:30-2:30pm Green Spring Gardens. Join Green Spring's Master Gardeners as they share gardening tips, dazzle you with time-saving techniques, clarify simple steps and debunk horticulture myths. \$12/session.

Thus. June 10/Sun. June 13 <u>Suitland Bog</u> Leader Cris Fleming. Thurs. 7:30-9:30pm at Woodend Sanctuary, and Sunday morning field trip. Suitland Bog is a tiny but perfect coastal plan "magnolia bog," the best preserved over over 30 bogs that once occurred in the Beltsville/Suitland area. Surrounded by swamp magnolia and swamp azalea, this small bog contains many typical bog species such as sphagnum moss, bog clubmoss, northern pitcher plant, and sundews. State listed species include the delicate orchid, rose pogonia, red milkweed, twisted spikerush, ten-angled pipewort, and sheep laurel. Limited to 14 people. Members \$38; Nonmembers: \$52.50. For information or to register 8am to 3pm call: 301-652-9188 x16 or visit: http://www.audubonnaturalist.org/ for a registration form.

Sat. June 19 <u>An Introduction to Edible Wild Plants.</u> 2pm. Potomac Overlook Regional Park. Join a park naturalist for an indoor presentation and an outdoor hike on edible wild plants in our area. Adults and youth age 8 and older. Reservations required. Call 703-528-5406

Sat. June 19 <u>Summer in the Parks—Riverbend.</u> 8am to 12:30pm Leaders Stephanie Mason and Cathy Stragar. Join two naturalists to explore the summer richness of parks in the Potomac watershed. As summer arrives and progresses into its muggy days and nights, wetlands and meadows soak up the sun and come alive with plant and wildlife activity. Members \$23; Nonmembers: \$32. For information or to register call: 301-652-9188 x16 or visit: <u>http://www.audubonnaturalist.org/</u> for a registration form.

INVASIVES CONTROL WORK PARTIES AT <u>TURKEY RUN PARK</u> ALONG THE POTOMAC

Join with The Nature Conservancy to help control invasive plant species on National Park Service lands in the Potomac Gorge at Turkey Run Park off the GW Memorial Parkway. Wear work gloves and boots or sturdy shoes, and bring water, snacks, and hand saws or loppers if you have them. Time is 10-1 on each workday. Dates are: **May 13 and 15; June 10 and 19.** Contact Alan Ford: 703.732.5291 or <u>amford@acm.org</u> or Mary or Jamie at <u>volunteermd@tnc.org</u>.

LOOK UP THE FACTS ON INVASIVES: Weeds Gone Wild: Alien Plant Invaders of

Natural Areas is a web-based project of the Plant Conservation Alliance's Alien Plant Working Group, that provides information for the general public, land managers, researchers, and others on the serious threat and impacts of invasive alien (exotic, non-native) plants to the native flora, fauna, and natural ecosystems of the United States.

This site provides a compiled national list of invasive plants infesting natural areas throughout the U.S., background information on the problem of invasive species, illustrated fact sheets that include plant descriptions, native range, distribution and habitat in the U.S., management options, suggested alternative native plants, and other information, and selected links to relevant people and organizations.

See: http://www.nps.gov/plants/alien/

IS YOUR MEMBERSHIP CURRENT?

Please look at the mailing address label on this newsletter. If the expiration date is highlighted in yellow, then our Potowmack Chapter records show your VNPS membership has expired. If you have not renewed your membership, please consider doing so. You can find a copy of the membership renewal form in the VNPS Bulletin. If you have mailed in a VNPS membership renewal and our records are not showing an updated or correct expiration date, please contact VNPS at <u>vnpsofc@shentel.net</u> or at (540) 837-1600.

Cł		er Events Calendar	Potowmack Chapter Virginia Native Plant So P.O. Box 5311 Arlington, VA 22205	ciety
May	13	Board meeting 6:45		
		<u>Native Plants of Virginia</u> program 7:30		
		Green Spring	Please verify your address	
May	15	Spring Plant Sale	information and your renewal	
		Green Spring Gardens 9 to 3	date on the mailing label.	
				Printed on recycled paper
June	10	Board Meeting 6:45 Registry Program		
		7:30		
		Green Spring		