

Stonehouse Elementary Habitat Garden

Native Plant List – Wildlife Benefits

(10/13)

Note: most of these plants attract butterflies and/or birds
(Wildlife benefits are not noted for all plants.)

Small Trees

Serviceberry/Shad Bush (*Amelanchier arborea*) **Birds**

Winterberry (*Ilex verticillata*) **Birds**

Yaupon Holly (*Ilex vomitoria*) **Birds**

Shrubs

Beauty Berry (*Callicarpa americana*) **Birds**

Coastal Leucothoe (Doghobble) (*Leucothoe axillaris*)

Drooping Leucothoe (*Leucothoe sp.*)

Dwarf Inkberry (*Ilex glabra*) **Birds**

Dwarf Yaupon Holly (*Ilex vomitoria* ‘Nana Schillings’) doesn’t get berries

Hearts-a-Bustin’ (*Euonymus americanus*)

Pink Azalea/ Pinxster Flower (*Rhododendron periclymenoides*) coming this fall

Spicebush (*Lindera benzoin*) **Host Plant for Spicebush Swallowtail caterpillars, Birds**

Sweet Pepper Bush (*Clethra alnifolia*) **Butterflies, birds, bees and other pollinators**

Ground Cover

Heart-Leaved Ginger (*Hexastylis virginica*)

Partridgeberry (*Mitchella repens*) **birds and small mammals**

Teaberry/ Creeping Wintergreen (*Gaultheria procumbens*) **birds and small mammals**

Ferns

Christmas Fern (*Polystichum acrostichoides*) **caterpillars**

Cinnamon Fern (*Osmunda cinnamomea*) **caterpillars**

Netted Chain Fern (*Woodwardia areolata*) **caterpillars**

New York Fern (*Thelypteris noveboracensis*)

Royal Fern (*Osmunda regalis*)

Southern Lady Fern (*Athyrium asplenoides*)

Ebony Spleenwort Fern (*Asplenium platyneuron*)

Grasses

Purple (Pink) Muhly Grass (*Muhlenbergia capillaris*) **Birds, host plant for caterpillars**

Soft Rush (*Juncus effusus*) **Birds**

Switchgrass (*Panicum virgatum*, ‘Shenandoah’) **Birds and host plant for caterpillars**

Vines

Coral Honeysuckle (*Lonicera sempervirens*) Hummingbirds, birds, butterflies and moths (host plant)

John Clayton Honeysuckle (*Lonicera sempervirens*, 'John Clayton') Hummingbirds, birds

Passionflower (*Passiflora incarnata*) Bees and host plant for Variegated Fritillary caterpillars,

Perennials

Aromatic Aster (*Aster oblongifolius*) Butterflies

Bee Balm, Bergamot (*Monarda didyma*) Hummingbirds, bees

Blanket Flower (*Gaillardia aristata*) Butterflies, bees (not native to VA; native to NE)

Blazing Star/ Gay Feather/Dense Blazing Star (*Liatris spicata*) Butterflies, bees

Bloodroot (*Sanguinaria canadensis*)

Blue-Eyed Grass (*Sisyrinchium angustifolium*)

Blue Mistflower/ Wild Ageratum (*Conoclinium coelestinum* (*Eupatorium coelestinum*))

Butterflies and other pollinators love this plant, but it is aggressive (spreads), caterpillars

Blue Star (*Amsonia tabernaemontana*)

Blue Vervain/ Swamp Verbena (*Verbena hastata*) Butterflies and birds

Blue Wild Indigo (*Baptisia australis*) Butterflies

Brown-eyed Susan (*Rudbeckia triloba*) Birds, butterflies and other pollinators

Butterfly Weed (*Asclepias tuberosa*) Host Plant for Monarch caterpillars, butterflies and other pollinators

Canada Lily (*Lilium canadense*)

Cardinal Flower (*Lobelia cardinalis*) Hummingbirds, birds, butterflies

Carolina Bush Pea (*Thermopsis villosa*) Host Plant for caterpillars (clouded sulfur?)

Common Blue Violet (*Viola sororia*) Host Plant for caterpillars (**Fritillary spp.**)

Confederate Violet (*Viola sororia*) ?

Creeping Phlox (*Phlox stolonifera*) Butterflies

Cup Plant (*Silphium perfoliatum*) Birds, butterflies

Dwarf Iris (*Iris verna*)

False Aster (*Boltonia asteroides*) bees

Fire Pinks (*Silene virginica*)

Foam Flower (*Tiarella cordifolia*)

Golden Alexander (*Zizia aurea*) Host Plant for black swallowtail caterpillars (*aurea*); (another good host plant is **Meadowparsnip**, *Thaspium barbinode*)

Golden Ragwort (*Packera aurea* (*Senecio aureus*)) Butterflies, Host Plant for caterpillars

Great Blue Lobelia (*Lobelia siphilitica*) Hummingbirds, butterflies, birds

Green and Gold (*Chrysogonum virginianum*)

Green-Headed Coneflower (*Rudbeckia laciniata*) Birds, butterflies and other pollinators

Grey Penstemon (*Penstemon canescens*) Butterflies and other pollinators

Heart-Leaved Alexander (*Zizia aptera*) Host Plant for black swallowtail caterpillars (*aurea*); (another good host plant is **Meadowparsnip**, *Thaspium barbinode*)

Hoary Mountain Mint (*Pycnanthemum incanum*) Butterflies and other pollinators

Hyssop Skullcap (*Scutellaria integrifolia*)

Jack-in-the-Pulpit (*Arisaema atrorubens*)

Jacob's Ladder (*Polemonium reptans*)

Perennials (continued)

- Jamestown (Atamasco) Lily** (*Zephyranthes atamasca*)
Jewelweed (*Impatiens capensis*)
Joe-Pye Weed (*Eupatorium fistulosum*) **Birds, butterflies love this plant, other pollinators**
Lanceleaf Coreopsis (*Coreopsis lanceolata*) **goldfinch and other birds, butterflies and other pollinators**
Lyre-leaf Sage (*Salvia lyrata*)
Maryland Golden Asters (*Chrysopsis mariana*) **Butterflies and other pollinators**
Mayapple (*Podophyllum peltatum*) **Small mammals**
Meadow Beauty (*Rhexia mariana* or *Rhexia virginica*) **Host plant for caterpillars**
New York Ironweed (*Vernonia noveboracensis*) **Butterflies and birds**
Obedient Plant (*Physostegia virginiana*) **Hummingbirds**
Purple Coneflower (*Echinacea purpurea*) **Butterflies and birds** (non-native to VA, but is a SE native)
Rattlesnake Master (*Eryngium yuccifolium*) **Moths and other pollinators**
Rose Verbena (*Glandularia canadensis*) **Pollinators**
Scarlet Hibiscus (*Hibiscus coccineus*) **Humming birds, other pollinators** (non-native to VA, but is a SE native)
Showy Aster (*Aster spectabilis*) **Butterflies**
Silky Golden Aster (*Pityopsis graminifolia/ Chrysopsis graminifolia*) **Butterflies**
Small's Ragwort (*Senecio Anonymus/ Packera anonyma*) **Butterflies**
Smooth Beardtongue (*Penstemon laevigatus*) **Butterflies**
Sneezeweed (*Helenium autumnale*) **Butterflies and other pollinators**
Soldier Mallow (*Hibiscus militaris*) **Hummingbirds and birds and pollinators**
Solomon's Seal (*Polygonatum bitorum*)
Spiderwort (*Tradescantia virginiana*)
St. Andrew's Cross (*Ascyrum hypericoides*)
Stinking Camphorweed (*Pluchea foetida*) **Pollinators** (is Deer Deterrent)
Summer Phlox (*Phlox paniculata*) **Butterflies and other pollinators**
Sundrops (*Oenothera perennis*)
Swamp Milkweed (*Asclepias incarnata*) **Host Plant for Monarch caterpillars, butterflies and other pollinators**
Swamp Sunflowers (*Helianthus angustifolius*) **Butterflies and birds**
Sweet Goldenrod (*Solidago odora*) **Butterflies, other pollinators and birds**
Tall Tickseed (*Coreopsis triptela*) **Butterflies, other pollinators and birds**
Turk's Cap Lily (*Lilium superbum*)
Virginia Bluebells (*Mertensia virginica*)
Wild Bleeding Heart (*Dicentra exima*) **Hummingbirds, birds**
Wild Blue Phlox (*Phlox divaricata*) **Butterflies**
Wild Columbine (*Aquilegia canadensis*) **Hummingbirds, butterflies**
Wild Petunia (*Ruellia humilis*)
Wild Quinine (*Parthenium integrifolium*) **Bees and other pollinators**
Yellow Wild Indigo (*Baptisia tinctoria*)
Yucca/Adam's Needle (*Yucca filamentosa*) **Host plant for Yucca Moth caterpillar, pollinators**

Non-native Plants in raised beds

Fennel serves as host plants for black swallowtail caterpillars; **non-native in Virginia and invasive in other states (caution against planting); will spread easily – need to keep seedheads cut off to prevent escaping and spreading;** note that native golden Alexander and heart-leaved Alexander are also host plants for the same butterfly caterpillar