Stonehouse Elementary Habitat Garden
Native Plant List – Wildlife Benefits
(10/13)

Note: most of these plants attract butterflies and/or birds
(Wildlife benefits are not noted for all plants.)

Small Trees

Serviceberry/Shad Bush (*Amelanchier arborea*)  Birds
Winterberry (*Ilex verticillata*)  Birds
Yaupon Holly (*Ilex vomitoria*)  Birds

Shrubs

Beauty Berry (*Callicarpa americana*)  Birds
Coastal Leucothoe (Doghobble) (*Leucothoe axillaris*)
Drooping Leucothoe (*Leucothoe sp.*)
Dwarf Inkberry (*Ilex glabra*)  Birds
Dwarf Yaupon Holly (*Ilex vomitoria ‘Nana Schillings’)  doesn’t get berries
Hearts-a-Bustin’ (*Eunonymus americanus*)
Pink Azalea/ Pinxster Flower (*Rhododendron periclymenoides*)  coming this fall
Spicebush (*Lindera benzoin*)  Host Plant for Spicebush Swallowtail caterpillars, Birds
Sweet Pepper Bush (*Clethra alnifolia*)  Butterflies, birds, bees and other pollinators

Ground Cover

Heart-Leaved Ginger (*Hexastylis virginica*)
Partridgeberry (*Mitchella repens*)  birds and small mammals
Teaberry/ Creeping Wintergreen (*Gaultheria procumbens*)  birds and small mammals

Ferns

Christmas Fern (*Polystichum acrostichoides*)  caterpillars
Cinnamon Fern (*Osmunda cinnamomea*)  caterpillars
Netted Chain Fern (*Woodwardia areolata*)  caterpillars
New York Fern (*Thelypteris noveboracensis*)
Royal Fern (*Osmunda regalis*)
Southern Lady Fern (*Athyrium asplenioide*)
Ebony Spleenwort Fern (*Asplenium platyneuron*)

Grasses

Purple (Pink) Muhly Grass (*Muhlenbergia capillaris*)  Birds, host plant for caterpillars
Soft Rush (*Juncus effusus*)  Birds
Switchgrass (*Panicum virgatum*, ‘Shenandoah’)  Birds and host plant for caterpillars
Vines

Coral Honeysuckle (*Lonicera sempervirens*)  Hummingbirds, birds, butterflies and moths (host plant)

John Clayton Honeysuckle (*Lonicera sempervirens, ‘John Clayton’*)  Hummingbirds, birds

Passionflower (*Passiflora incarnata*)  Bees and host plant for Variegated Fritillary caterpillars,

Perennials

Aromatic Aster (*Aster oblongifolius*)  Butterflies

Bee Balm, Bergamot (*Monarda didyma*)  Hummingbirds, bees

Blanket Flower (*Gaillardia aristata*)  Butterflies, bees  (not native to VA; native to NE)

Blazing Star/ Gay Feather/Dense Blazing Star (*Liatris spicata*)  Butterflies, bees

Bloodroot (*Sanguinaria canadensis*)

Blue-Eyed Grass (*Sisyrinchium angustifolium*)

Blue Mistflower/ Wild Ageratum (*Conoclinium coelestinum* (*Eupatorium coelestinum*))  Butterflies and other pollinators love this plant, but it is aggressive (spreads), caterpillars

Blue Star (*Amsonia tabernaemontana*)

Blue Vervain/ Swamp Verbena (*Verbena hastata*)  Butterflies and birds

Blue Wild Indigo (*Baptisia australis*)  Butterflies

Brown-eyed Susan (*Rudbeckia triloba*)  Birds, butterflies and other pollinators

Butterfly Weed (*Asclepias tuberosa*)  Host Plant for Monarch caterpillars, butterflies and other pollinators

Canada Lily (*Lilium canadense*)

Cardinal Flower (*Lobelia cardinalis*)  Hummingbirds, birds, butterflies

Carolina Bush Pea (*Thermopsis villosa*)  Host Plant for caterpillars (clouded sulfur?)

Common Blue Violet (*Viola sororia*)  Host Plant for caterpillars (*Fritillary* spp.)

Confederate Violet (*Viola sororia*)

Creeping Phlox (*Phlox stolonifera*)  Butterflies

Cup Plant (*Silphium perfoliatum*)  Birds, butterflies and other pollinators

Dwraf Iris (*Iris verna*)

False Aster (*Boltonia asteroides*)  bees

Fire Pinks (*Silene virginica*)

Foam Flower (*Tiarella cordifolia*)

Golden Alexander (*Zizia aurea*)  Host Plant for black swallowtail caterpillars *aurea*; (another good host plant is *Meadowparsnip, Thaspium barbinode*)

Golden Ragwort (*Packera aurea* (*Senecio aureus*))  Butterflies, Host Plant for caterpillars

Great Blue Lobelia (*Lobelia siphilitica*)  Hummingbirds, butterflies, birds

Grey Penstemon (*Penstemon canescens*)  Butterflies and other pollinators

Heart-Leaved Alexander (*Zizia aptera*)  Host Plant for black swallowtail caterpillars *aurea*; (another good host plant is *Meadowparsnip, Thaspium barbinode*)

Hoary Mountain Mint (*Pycnanthemum incanum*)  Butterflies and other pollinators

Hyssop Skullcap (*Scutellaria integrifolia*)

Jack-in-the-Pulpit (*Arisaema atrorubens*)

Jacob’s Ladder (*Polemonium reptans*)
Perennials (continued)

Jamestown (Atamasco) Lily (Zephyranthes atamasca)
Jewelweed (Impatiens capensis)
Joe-Pye Weed (Eupatorium fistulosum) Birds, butterflies love this plant, other pollinators
Lanceleaf Coreopsis (Coreopsis lanceolata) goldfinch and other birds, butterflies and other pollinators
Lyre-leaf Sage (Salvia lyrata)
Maryland Golden Asters (Chrysopsis mariana) Butterflies and other pollinators
Mayapple (Podophyllum peltatum) Small mammals
Meadow Beauty (Rhexia mariana or Rhexia virginica) Host plant for caterpillars
New York Ironweed (Vernonia noveboracensis) Butterflies and birds
Obedient Plant (Physostegia virginiana) Hummingbirds
Purple Coneflower (Echinacea purpurea) Butterflies and birds (non-native to VA, but is a SE native)
Rattlesnake Master (Eryngium yuccifolium) Moths and other pollinators
Rose Verbena (Glandularia canadensis) Pollinators
Scarlet Hibiscus (Hibiscus coccineus) Humming birds, other pollinators (non-native to VA, but is a SE native)
Showy Aster (Aster spectabilis) Butterflies
Silky Golden Aster (Pityopsis graminifolia/Chrysopsis graminifolia) Butterflies
Small’s Ragwort (Senecio Anonymous/Packera anonyma) Butterflies
Smooth Beardtongue (Penstemon laevigatus) Butterflies
Sneezeweed (Helenium autumnale) Butterflies and other pollinators
Soldier Mallow (Hibiscus militaris) Hummingbirds and birds and pollinators
Solomon’s Seal (Polygonatum bilorum)
Spiderwort (Tradescantia virginiana)
St. Andrew’s Cross (Ascyrum hypericoides)
Stinking Camphorweed (Pluchea foetida) Pollinators (is Deer Deterrent)
Summer Phlox (Phlox paniculata) Butterflies and other pollinators
Sundrops (Oenothera perennis)
Swamp Milkweed (Asclepias incarnata) Host Plant for Monarch caterpillars, butterflies and other pollinators
Swamp Sunflowers (Helianthus angustifolius) Butterflies and birds
Sweet Goldenrod (Solidago odora) Butterflies, other pollinators and birds
Tall Tickseed (Coreopsis tripetala) Butterflies, other pollinators and birds
Turk’s Cap Lily (Lilium superbum)
Virginia Bluebells (Mertensia virginica)
Wild Bleeding Heart (Dicentra exima) Hummingbirds, birds
Wild Blue Phlox (Phlox divaricata) Butterflies
Wild Columbine (Aquilegia canadensis) Hummingbirds, butterflies
Wild Petunia (Ruellia humilis)
Wild Quinine (Parthenium integrifolium) Bees and other pollinators
Yellow Wild Indigo (Baptisia tinctoria)
Yucca/Adam’s Needle (Yucca filamentosa) Host plant for Yucca Moth caterpillar, pollinators
Non-native Plants in raised beds

Fennel serves as host plants for black swallowtail caterpillars; non-native in Virginia and invasive in other states (caution against planting); will spread easily – need to keep seedheads cut off to prevent escaping and spreading; note that native golden Alexander and heart-leaved Alexander are also host plants for the same butterfly caterpillar.